

TEAM BUILDING



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Team building is a collective term for various types of activities used to enhance social relations and define roles within teams, often involving collaborative tasks. It is distinct from team training, which is designed to improve the efficiency, rather than interpersonal relations.

Unfortunately, "team building" has developed somewhat of a negative connotation in many circles. This, no doubt, is due to poor facilitation, cliché activities, and the interpretation of soft skills. In its purest form, however, greater teamwork is what many organizations seek.

According to a meta-analysis of 131 North American field experiments, of all organizational activities, team-development was found to have the strongest effect (versus financial measures) for improving organizational performance. This is our goal at Paradigm Shift.

We move team building beyond clichés and overdone tag lines, to actual interpersonal growth among team members. When we as individuals connect on a human level, our intentions deepen, our connections are strengthened, and our goals as a group are adopted.

**In short, ownership occurs.
This shift creates dynamic change.**

Pure Fun
The Human Element
Ubuntu



OUR TEAM BUILDING WORKSHOP SNAPSHOT

- 🎯 Aligning Around Goals
- 🎯 Building Effective Working Relationships
- 🎯 Reducing Team Members' Role Ambiguity
- 🎯 Finding Solutions To Team Problems
- 🎯 Simply Fun

“ Wonderful day,
appreciate the interactive methodology,
thank you!

Loved the energy! ”

